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## ILSI NA Leadership team input on the updated version of proposal

**From:** Barbara Lyle [REDACTED]@ilsi.org>  
**To:** Joanne Slavin <[REDACTED]@umn.edu>, [REDACTED]@sickkids.ca  
[REDACTED]@sickkids.ca>  
**Cc:** Susan A. Roberts [REDACTED]@coca-cola.com>  
**Sent:** August 14, 2015 10:58:30 AM CDT  
**Received:** August 14, 2015 10:58:57 AM CDT

Hi Joanne and Bradley,

The ILSI NA carbohydrate committee leadership team discussed the proposal and were enthusiastic about the addition of systematic review principles. I've included comments on the proposal with requested revisions. Once we address these requests, the next step is to pitch this for a vote by the full committee to approve the budget. We anticipate having to make a strong pitch given that the cost is probably twice as high as they would have expected for a review paper. However, including the systematic review principles is the right thing to do.

The most important revision is to clarify that the scope of this project is limited to public health guidelines for healthy people. Clinical practice guidelines would be excluded since they are for specific health outcomes. This scope is intended to keep the project specifically relevant for the general public. This should also reduce the budget as well (although that was not the reason for excluding the CPG). My guess is that there are many more CPG's globally than there are global public health guidelines.

I am on vacation in the Boundary Waters Canoe Area and only getting/sending emails sporadically through a nearby lodge.

I've copied Susan Roberts (who leads the sugar working group on the ILSI NA committee) on this email in the event additional clarification is needed in my absence. We can get this out to the committee as soon as the week of Aug 24th, if you have the revised scope and budget ready. Otherwise, we'll proceed as soon as you are ready.

Be well,

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Barbara Lyle, Ph.D.  
Sr. Nutrition Advisor  
ILSI North America  
[REDACTED]

[REDACTED]@ilsi.org <mailto:[REDACTED]@ilsi.org>

**From:** Bradley Johnston [REDACTED]@sickkids.ca  
<mailto:[REDACTED]@sickkids.ca>>

**Date:** Wednesday, August 5, 2015 at 12:27 PM

**To:** Joanne Slavin [REDACTED]@umn.edu <[REDACTED]@umn.edu>>

**Cc:** LYLE Inc [REDACTED]@ilsi.org [REDACTED]@ilsi.org>>

**Subject:** RE: updated version of proposal

Hi Joanne

I am sending again. Please let me know if you have received?

Thanks

Brad

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Bradley Johnston, PhD

Scientific Director | Systematic Overviews through advancing Research

Technology (SORT)

Clinical Epidemiologist | Department of Anesthesia and Pain Medicine

Assistant Professor | Health Policy, Management and Evaluation | Dalla Lana

School of Public Health

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<[https://portal.sickkids.ca/owa/redir.aspx?C=LZyloAOOw0Gp3nS87YIWkwjE4tU4FtElqxqv3n10pucUAXzLxBbS3Vz9nIvuydKrSYA66kFM4jl.&URL=mailto:\[REDACTED\]@sickkids.ca](https://portal.sickkids.ca/owa/redir.aspx?C=LZyloAOOw0Gp3nS87YIWkwjE4tU4FtElqxqv3n10pucUAXzLxBbS3Vz9nIvuydKrSYA66kFM4jl.&URL=mailto:[REDACTED]@sickkids.ca)>

The Hospital for Sick Children | University of Toronto

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SickKids, Healthier Children, A Better World.

Our recent articles of interest:

Although not consistently superior, the absolute approach to framing the  
minimally important difference has advantages over the relative approach. J

Clin Epidemiol. 2015 Mar 11. [Epub ahead of print]

CONSORT extension for reporting N-of-1 trials (CENT) 2015: Explanation and  
elaboration. BMJ. 2015 May 14;350:h1793.

From: Joanne Slavin [REDACTED]@umn.edu <[REDACTED]@umn.edu>]

Sent: August 4, 2015 12:59 PM

To: Bradley Johnston

Subject: updated version of proposal

I have been working with our accounting folks to send off the budget - but  
don't have edits you have made to the proposal as requested by Barbara. Maybe  
they are lost in a spam filter somewhere.

Can you send me your edited version and then I can put it together with  
budget and get it sent back to Barbara?

Thanks,

Joanne

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Joanne Slavin, PhD, RD

University of Minnesota

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[REDACTED]

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**Attachment #1**

**ILSI\_Proposal\_Sugars\_Aug.2015 revise.docx**

**Original view**

3 pages (displayed on pages 922 to 924)

## Proposal

### **Scientific basis for sugars guidelines from authoritative health organizations: A systematic review of clinical practice guidelines**

Joanne Slavin

University of Minnesota, Department of Food Science and Nutrition

Bradley Johnston

Systematic Overviews through advancing Research Technology (SORT), The Hospital for Sick Children Research Institute

Institute of Health Policy, Management and Evaluation, Dalla Lana School of Public Health, University of Toronto

#### Background

Barbara to draft problem to solve citing FDA proposed labeling changes.

#### Proposal

We propose to complete a systematic literature review, with the assistance of graduate students, on the scientific basis for the sugars guidelines from authoritative health organizations globally over the past 20 years. The target audience is health care professionals, policy stakeholders, and the media.

Our team has recently published work in sugars and this paper will be used for background content and perspective (1). We have also recently published a paper on the challenges of adhering to the recommendations of 10% added sugar (2). Further, we have a paper in press on the challenges of removing sugars on the food science side (3), and we have published over 25 systematic reviews, including a paper (in progress) that has evaluated the quality of clinical practice guidelines (CPGs) addressing preventive strategies for hospital infections (4). The outline for the proposed paper will be approved by the ILSI Carbohydrate Committee prior to drafting the paper. *[Agree that the outline will come later, but we do need to find a way to clarify what this review will do that differs from qualitative reviews. Is there an abstract or published manuscript you recommend attaching to the proposal as an illustrative example? Or would you like to simply attach a couple table examples?]*

To conduct this systematic review, we will search MEDLINE, EMBASE and CENTRAL (1995-September 2015) and grey literature sources for CPGs *[clarify that the search is to identify public health guidelines specific to sugar for healthy people globally rather than clinical practice guidelines. Clinical practice guidelines are likely of little to no interest due to their being targeted to adverse health conditions. Also, we would expect this to significantly reduce the number of guidelines being reviewed since clinical practice guidelines would be excluded, e.g., levels of sugar for pre-diabetes and diabetes. This should help manage the budget as well as tightening the scope of work described here. Joanne, can you estimate the number of papers we are talking about... based on the reviews you have already written?]* addressing dietary sugars and health outcomes. Three reviewers will independently screen articles and rate CPG *[throughout, replace CPG with global health guidelines for sugar intake]* quality using the AGREE II instrument, which is comprised of 23 items within six domains. Each item will be rated 1-7, and for each guideline we

will calculate the domain scores as percentages of their maximum possible scores and standardized ranges. Scores across CPGs will reported as median and interquartile range (IQR). We will extract and summarize recommendations and their supporting evidence, and assessed their individual study quality using the Oxford Levels of Evidence or instrument.

The paper will be prepared and submitted for publication by February 1, 2016. We are happy to present the paper at the 2016 ILSI Annual Meeting.

Budget *[Revise budget to narrow scope from clinical practice guidelines to only public health guidelines]*

#### Graduate Assistant Salary – University of Minnesota

50% Graduate Assistant Salary with benefits for 6 months = \$20,000

Supplies, data management, computer support \$2,000

Total to University of Minnesota \$22,000

#### Subcontract costs to Brad Johnston

Research Assistant with expertise in systematic reviews \$12,000

Library assistance \$2,000

Consulting fees Dr. Johnston \$8,000

Total to Dr. Johnston

Total direct costs \$44,000

Indirect – 10% \$4,400

Total \$48,000

#### References

1. Hess J, Latulippe ME, Ayoob K, Slavin J. The confusing world of dietary sugars: definitions, intakes, food sources and international dietary recommendations. *Food Funct* 2012;3:477-486
2. Erickson J, Slavin J. Total, added, and free sugars: Are restrictive guidelines science-based or achievable? *Nutrients* 2015;7:2866-2878.
3. Goldfein K, Slavin J. Why sugar is added to food: Food Science 101. *Comp Rev Fd Sci* (in review).
4. Lytvyn L, Mertz D, Alaklobi F, Selva-Olid A, Alonso-Coello P, Johnston BC. Prevention of Clostridium difficile infection: a systematic review and critical appraisal of clinical practice guidelines. PROSPERO 2014: CRD42014013555 Available from: [http://www.crd.york.ac.uk/PROSPERO/display\\_record.asp?ID=CRD42014013555](http://www.crd.york.ac.uk/PROSPERO/display_record.asp?ID=CRD42014013555)

## **Kick-Off Sugar Guidelines Project Discussion**

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**From:** Courtney McComber <[REDACTED]@ilsi.org>  
**To:** Bradley Johnston [REDACTED]@sickkids.ca>, Joanne Slavin [REDACTED]@umn.edu>  
**Cc:** Barbara Lyle [REDACTED]@ilsi.org>, Susan A. Roberts <[REDACTED]@coca-cola.com>  
**Sent:** September 14, 2015 8:45:50 AM CDT  
**Received:** September 14, 2015 8:46:14 AM CDT

Hello Bradley and Joanne,

I am working to schedule a date and time for you to discuss your project plans with the Carbohydrate Committee. Can you let me know if any of these times are open on your calendars? All times are shown in EDT.

Wednesday, Sept 23

9a

10a

11a

Friday, Sept 25

10a

3p

4p

Courtney McComber

ILSI North America

Program and Conference Manager

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